



# RIVERSIDE NEWS

The official Newsletter Of Riverside United Church  
January 2025 Edition

**SEASON GREETINGS!**  
**E KU ODUN!**  
**JOYEUSES FÊTES!**

RUC is close from  
25th December  
and resume back on  
January 5th, 2025.

## PASTORAL NOTE

### PEACE OF CHRIST FOR THE BODY: EMBRACING WHOLENESS IN THE NEW YEAR.

**A**s we step into the New Year, we're often met with mixed emotions - hope, excitement, but also worry, fear, and anxiety. The uncertainties of life can weigh us down sometimes. Yet, God's promise remains true: "The peace of God, which surpasses all human understanding, shall overshadow us" (Psalm 60:12).

This peace isn't just spiritual; it encompasses our entire being - body, soul, and spirit. In this series, we'll explore the peace of Christ, starting with its impact on our physical well-being. In subsequent newsletters, I will write about peace of Christ on soul and church.

The Peace of Christ for the body means restoration to Wholeness.

The Hebrew concept of "shalom" (peace) means more than just absence of conflict; it's about restoration to wholeness. When Adam and Eve sinned, humanity's

relation with creation became broken. But through Jesus Christ, God reconciled us back and restored our relationship with Creator of the universe (2 Corinthian 5 vs 18-19).

This restoration through Jesus Christ extends to our physical bodies. Christ's peace calms our fears, soothing our worries about our health, safety, and general well-being. As believers, we know God's peace surrounds us, guarding our hearts and minds (Philippians 4:7).

### **Practical Applications**

In 2025, As we seek to relate the peace of Christ to our physical health and daily life, let us consider the following:

- 1: We can care for God's creation, recognizing our role as stewards, as instructed in Genesis 2:15. By living sustainably, reducing waste, and conserving resources, we honor God's design and preserve the planet God created.**
- 2: Promoting peaceful relationships with those around us is crucial. Showing kindness, empathy, and understanding, as taught in Matthew 22:39, promotes harmony in our neighborhoods.**
- 3: Prioritizing self-care is also essential. Recognizing our bodies as temples of the Holy Spirit (1 Corinthians 6:19-20), we should engage in regular exercise, healthy eating, rest, and relaxation.**
- 4: Engaging in local initiatives promoting peace, justice, and compassion demonstrates our commitment to Christ's peace.**


As we begin this New Year, may the peace of Christ envelop our bodies, calming fears and anxieties. May we trust God's sovereignty over our physical health, caring for His creation and our neighbors, prioritizing self-care and community involvement, and finding rest in His presence. The glory of God shall indeed rest upon our lives. The storms of life won't blow us away, nor will we be scorched by life's challenges. We'll stand firm, anchored in Christ's peace.

Happy New Year! May God's peace be our constant companion.

**Pastor Adedeji Sunday Akintayo.**

**A SPECIAL THANK YOU  
TO ALL THE DRIVERS  
THAT WORK WITH THE  
CHURCH  
IN THE YEAR 2024.**

# SUNDAY WORSHIP CALENDAR

All services begin at 11:00am  
and are live-streamed on  zoom

**JANUARY 5**

**EPIPHANY SEASON BEGIN/  
COMMUNION SUNDAY**

**JANUARY 12**

**1ST SUNDAY OF EPIPHANY/  
BAPTISM OF JESUS**

**JANUARY 19**

**2ND SUNDAY OF EPIPHANY**

**JANUARY 26**

**3RD SUNDAY OF EPIPHANY**

## JANUARY AND FEBRUARY 2025 RIVERSIDE UNITED CHURCH SCRIPTURE READERS

Date	Name
<b>January 5</b>	<b>Timisoluwa Sanya</b>
<b>January 12</b>	<b>Sir Albert</b>
<b>January 19</b>	<b>Stella Fakorode</b>
<b>January 26</b>	<b>Stella Cox</b>
<b>February 2</b>	<b>Louise Samson</b>
<b>February 9</b>	<b>Adunola Adeyemi</b>
<b>February 16</b>	<b>Stella Cox</b>
<b>February 23</b>	<b>Ojo Emmanuel</b>

# RUC IN DECEMBER

- 1. Advent: We enjoyed the blessings of Advent throughout the weeks of December.**
- 2. December Communion: We gathered as faithful children of God to celebrate communion on the table of Christ. We want to humbly thank Stella Fakorode for learning from Linda on how to prepare the communion table for the congregation.**
- 3. RUC Food Drive: We were blessed to receive our annual food drive from kindhearted individuals, and the foods were donated to refugees. A total number of 28 families were given bags of quality foods.**
- 4. RUC Children Pageant Show: Joy to the World! On Sunday, 15th of December, our talented children and youth at Riverside United Church brought the true meaning of Christmas to life through our annual Christmas Pageant.**
- 5. RUC Black Santa: The second edition of Black Santa sharing Xmas gifts to RUC children was successful. We thank Mr. Ojo Emmanuel for dressing as Black Santa. We also thank all the people that donated the gifts.**
- 6. RUC Xmas Lunch: This year's potluck was a special event with Nigerian delicacies served. The caterer is Mrs. Olusola, a respected chef who has been part of our broader church community.**
- 7. RUC Winter Cloth Support: The church bought new winter jackets for refugees and a special thank you to Rev. Helen for her single-handed sacrifices for going to shop for the brand-new jackets. We also thank Rev. Arlen of St. James United Church for donating the money for this project.**
- 8. RUC Xmas Eve Service: A Xmas Eve Special service was held on the 24th of December, and the turnout was very impressive. We were led by Rev. Helen and Pastor Adedeji.**

# PROGRAMS / EVENTS

- **KOFFE KLATCH:**

This program is going well and will continue after the holiday. Please expect emails from Sir Albert when it will start in 2025.

- **OUT TO LUNCH:**

Every Tuesday at 12:00 noon. On break for the holiday. To resume back on January 14th, 2025.

- **RIVERSIDE CARE AND SENIOR'S PROGRAMS:**

Walking the Seasons and Reflection on My Life: On break to resume next year. Expect an email from Aileen.

- **RIVERSIDE YOUTH AND KIDS MINISTRY:**

This ministry is closed for the holiday. Madam Billi-Jo will let the children know when they will resume back to Sunday School in January 2025.

- **RUC INTERFAITH AND REFUGEES PROGRAM:**

This program provides services for newly arrived refugees. Rev. Helen and Pastor Adedeji have continued to support the new members on spiritual and physical needs.

Pastor Ade in December got jobs for some refugees in Quebec. We are partnering with Les Industries Hydro-Wick Ltée in East Angus, Quebec.

# COMMUNITY LUNCHROOM



214, 14th Avenue, Deux  
Montagnes.

We offer a free lunch each  
Tuesday at noon, everyone is  
welcome to come and try our  
delicious cuisine which includes

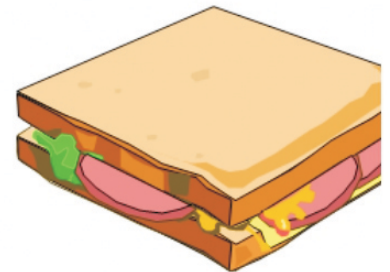


many popular dishes: soup and sandwiches or a hot entrée also a choice of salads and a variety of different desserts.

Our group of volunteers will be happy to welcome you each week,  
You can access the menu each week on facebook @free.lunch123

So come along with your friends any Tuesday and enjoy the convivial atmosphere and delicious food.

If you would like more information, or would like a lift to the event please call Judy at (450) 491-6052 or Stella at (450)623-5192. All donations are welcome a box is provided for your contributions.



This program is sponsored by the Riverside United Church in Rosemère and a Grant from the Good Samaritan Fund of the United Church

**ON BREAK FOR THE HOLIDAY.  
TO RESUME BACK ON  
JANUARY 14TH, 2025.**

# RIVERSIDES CARE AND SENIOR'S PROGRAMS

## joyful CONNECTIONS

Riverside United Church invites young adults and older adults to join us every Wednesday afternoon

### Intergenerational Convos

*Experience joy & connection as our stories bring us together!*

Join us this Fall on Zoom

Register Today:  
info.joyfulconnections@gmail.com



**E**very Wednesday we continue our Intergenerational Convos group online from 1:00-2:30pm where seniors and young adult volunteers come together to connect, share stories and learn from one another no matter what age we all are.

RUC Nature Walk and Talk in every month (Location will be emailed to everyone).

Reflection of my life program. Join us as we share lunch together and connect through reminiscing and story telling, while enjoying the company of one another. (Location will be emailed to everyone)

All of the programs are facilitated by Aileen - Joyful Connections

For registration and further information about this program please **☎ or email Aileen.**



**Aileen Borrueal**  
Director of Joyful Connection

**ON BREAK FOR THE HOLIDAY.  
TO RESUME BACK ON JANUARY 14TH, 2025.**



Join us on our social media page through this links

<https://youtu.be/Xyyxlagdu3E?si=-VIRozIX46B1NVcU>  
<https://www.facebook.com/share/yXSmriY44iX33ewZ/?mibextid=K35XfP>



# OUR COMMUNITY PHOTOS

Join us on our social media page through this links

 <https://youtu.be/Xyyxlagdu3E?si=-VIRozlX46B1NVcU>  
 <https://www.facebook.com/share/yXSmriY44iX33ewZ/?mibextid=K35XfP>



# RUC SENIOR'S PROGRAM

## 2024 END OF THE YEAR LUNCH GET-TOGETHER



Join us on our social media page through this links

<https://youtu.be/Xyyxlagdu3E?si=-VIRozIX46B1NVcU>

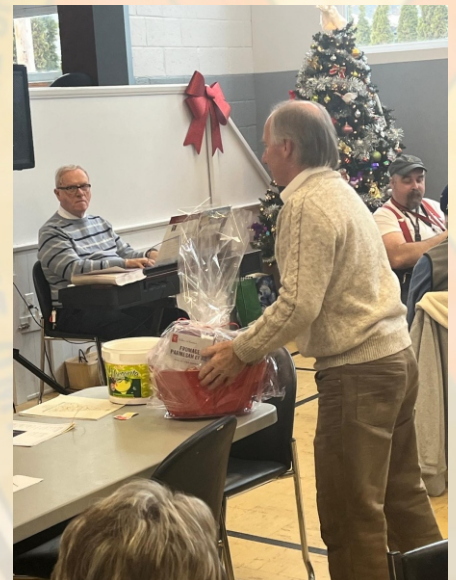
<https://www.facebook.com/share/yXSmriY44iX33ewZ/?mibextid=K35XfP>

# OUT TO LUNCH IN DECEMBER



**OUT TO LUNCH** end of the year and Christmas lunch was highly successful. The Stella Cox team was able to put together a well-attended Xmas celebration lunch. The foods and desserts were so delicious, and the raffle draw was an amazing and fun part of the event.

**A special thank you to sponsors and all the people that bought the tickets for this event.**



# RUC CHILDREN AND YOUTH MINISTRY



We are grateful for the RUC children for opportunity to showcased the story of Jesus' birth to the congregation. We're proud of our children and leadership of Billi-Jo Poirier-Bassenden for their hard work and dedication!

The children are indeed the future of our church, and we're committed to nurturing their faith and talents. Thank you to all who supported and participated in the pageant!

# RIVERSIDE CLOTHES DRIVE FOR REFUGEES



We are grateful for the donation from St. James United Church and Rev. Arlen. We are able to use the funds to purchase brand new winter jackets and boots for dozens of refugees.

We specially thank Rev. Helen and Antonia for working tirelessly on this year's winter clothing project for the refugees.



# RIVERSIDE FOOD DRIVE AND BLACK SANTA GIFTS



**This year's food drive was highly successful. We are able to provide Xmas foods for 29 members of the congregation.**

**The Church leader is humbly thankful to all the members that generously donated the foods.**

**May your hands of giving continue to be blessed in Jesus Name.**

# RUC XMAS EVE CAROL WORSHIP SERVICE



Join us on our social media page through this links

<https://youtu.be/Xyyxlagdu3E?si=VIRozIX46B1NVcU>  
<https://www.facebook.com/share/yXSmriY44iX33ewZ/?mibextid=K35XfP>

## **UPCOMING EVENTS / MEETINGS**

**January 5: Epiphany Season begin  
/Communion Sunday**

**January 12: 1st Sunday of Epiphany  
/Baptism of Jesus.**

**January 19:  
2nd Sunday of Epiphany.**

**January 26:  
3rd Sunday of Epiphany**

**COUNCIL MEETING DATE  
WILL BE COMMUNICATED  
TO BOARD MEMBERS.**

# RUC MORE NEWS

## Youth Group

The Youth Group continues to meet every Sunday at church. Join us as we explore different stories from the Bible and do some fun activities.

## Taxi Service

We still have plenty of coupons to hand out to anyone who needs to use the local taxi service. Coupons can be mailed to you or you can drop by the office on Thursdays to pick some up. Please contact Ade if you need this service.

## Regional Council News

**A** The West Island and Riverside United Cluster will continue the cluster book study for the winter 2025, using Brian McLaren's book *Do I stay Christian?*

The book study will take place on Wednesday mornings, on Zoom, between January 15-Feb 26.

For further information to register for cluster book study talk to Pastor Ade Adedeji

**B** The West Island churches and Hudson started a conversation on collaboration of the communities works and fellowship with each other.

## Order platform for news:

1. UCC website: <https://united-church.ca/>
2. Nakonha:Ka Regional Council website: <https://nakonhakaucc.ca/>
3. West Island and Riverside United Churches Cluster Website: <https://www.westislandriversideunited.org/>
4. Riverside United Church Website: <https://www.riversideunited.org/>



## PASTORAL CARE

For any pastoral care matters/emergencies please call:  
Rev. Helen at 514-699-1795 or Ade 514-473-3548

Deadline for Submissions to the next newsletter: **JANUARY 20**

## CONTACT INFORMATION

Email: [riversideunitedchurch@hotmail.com](mailto:riversideunitedchurch@hotmail.com)

Church Office Phone: 450-437-5560

Join us on Facebook: Église Unie Riverside United Church

Address: 200 Chemin de la Grande-Côte, Rosemère, J7A 1H4



*'May God bless you  
and keep you;  
may God's face shine on you  
and be gracious to you;  
may God's face turn toward you  
and give you peace.'*

**Rev. Helen Hliaras**  
Minister in Charge



**PEACE OF CHRIST  
BE UPON YOU IN**

**2025**

**AND BEYOND**

